



LIFE

A Survival Manual

How to turn suffering into joy.

By Randy Rusk

MISSION STATEMENT:

To facilitate the understanding and healing of suffering seated within the human soul by laying a clear foundation of its source and presenting simple, self-facilitated processes to alleviate it.

INTRODUCTION

COMMIT – intent is everything!

I AM ULTIMATELY RESPONSIBLE FOR MY LIFE AND MY OWN HEALING!

As I look back over my life, a very clear connection becomes apparent between this awakening to the responsibility for my own healing and the multitude of people, experiences and Divine intervention that have graced my world since. The accumulative weight of my early life experiences brought me to my spiritual knees. I remember talking to a God I had never fully come to terms with and, with a most sincere and despairing voice, told Him or Her that “I WILL DO ABSOLUTELY ANYTHING TO BE HEALED”. This one committed statement is responsible for all the fortuitous, synchronistic events that followed in my climb out of the dark abyss of my wounds to the glorious light of my new and powerful life filled with love and friendship. Just recently I came across these prophetic words by the German poet and spiritual initiate Goethe which seem to explain everything:

Until one is committed there is hesitancy, the chance to draw back, always ineffectiveness. Concerning all acts of initiative (and creation) there is one elementary truth the ignorance of which kills countless ideas and splendid plans: That the moment one definitely commits oneself then Providence moves too. All sorts of things occur to help one that would never otherwise have occurred. A whole stream of events issues from the decision raising in one's favor all manner of unforeseen incidents and meetings and material assistance which no man could have dreamt would come his way. Whatever you can do or dream you can, begin it. Boldness has genius, power and magic in it. Begin it now.

I want you to know that no matter how profound the workshop, the self-help book, the DVD's/CD's, the healer or the healing tools nothing can truly make a difference if I am not fully committed to my own healing.

SO COMMIT NOW!

AND YES,
THERE ARE NO ACCIDENTS!